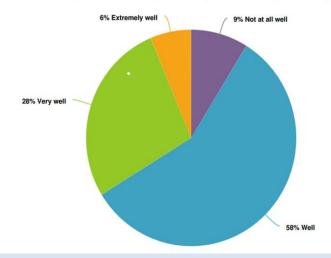
## The HUB Geneva Needs Assessment 2022\*

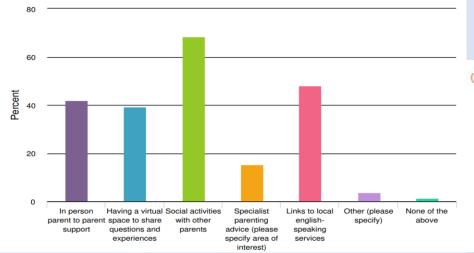
Parenting at any time can be challenging. Overall, in the past year, on a scale of 1-4, how well do you feel you have coped as a parent?



"I would be happy to brainstorm to find a more accessible solution for children with disabilities and or learning difficulties. The financial pressure to provide education is not reasonable or justifiable"



If you are interested in accessing more local support for englishspeaking parents, how would you prefer to access support?



## Our top 5 biggest challenges in 2021 ....

- 1. Social support, loneliness and isolation (57%)
- Balancing home / work life and childcare (42%)
- My health and wellbeing / partners health and wellbeing (41%)
- 4. Not being able to have a break (36%)
- 5. Covid disruption to routine / anxiety (35%)

"I would love more support to learn French and connect in the community, I have English-speaking friends but my frustration is trying to build a life in a country where it's hard to learn the language.. more French lessons and learning French and understanding the Swiss systems and procedures."

difficulties emotional families foreigner accueil activities adhd advice parenting expat speaking childenglishgeneva french

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"Think about any concerns or areas of support where you think you might need support as a parent over the next year. Please indicate which of the following things could be helpful to you"

## Overwhelming responses for:

- Advice and support to access local services and resources (45%)
- Help to find people locally who are in the same situation as me and who can offer a friendly, listening ear (46%)

"My husband had a mental breakdown in November and I've never felt so isolated. He was admitted to la ligniere. I didn't feel that there was any support for me from anyone".

"Even though there are different local services, its difficult to know what's available. First because of the language and second is not so well advertised"

"Juggling working 100% with demanding job and being a single mum of 3.. every thing is so expensive .. home help is not an option .. Life feels challenging"

